



# PHOENICIA UNIVERSITY

Innovation . Inspiration . Integrity

## College of Public Health

### Suggested Nursing Degree Plan

2025 - 2026

[www.pu.edu.lb](http://www.pu.edu.lb)

# College of Public Health

## Bachelor of Science in Nursing

### Program Description

The Bachelor of Science in Nursing program at Phoenicia University requires students to complete 140 credit hours at the freshman level and 110 credit hours for those joining as sophomores. Of the total credit hours required, 80 credit hours must be completed in major courses, with the remainder allocated to general education courses.

### Graduation Requirements

- Students must obtain a minimum “Program GPA” of 2.0; no rounding (e.g., a GPA of 1.99) whatsoever—will be applied.
- Students must obtain a minimum “Cumulative GPA” of 2.0; no rounding (e.g., a GPA of 1.99) whatsoever—will be applied.
- Students must obtain “Graduation Clearance” as detailed in the following section.

### University Graduation Requirements (30 credits hours)

To graduate with a Bachelor of Science in Nursing, students will need 30 credit hours in university general requirements, in addition to the college graduation requirements. The 30 credit hours in general educational requirements for degree programs include the following:

- 3 credits in Basic Sciences (Biology)
- 3 credits in Social Sciences (Psychology)
- 6 credits in English (English I and English II)
- 6 credits in Civilization (World Civilization I and II)
- 3 credits in Arabic
- 3 credits in Public Speaking
- 3 credits in Computing (Introduction to Computing for Arts)
- 3 credits in Globalization & World Cultures

### Nursing Graduation Requirements (80 credit hours)

The College of Nursing requirements for the BS degree program in nursing sciences includes the following additional requirements:

- 80 credits of mandatory core nursing courses including 3 mandatory intensive practicums (0 credits, Pass/Fail)

## Graduation Clearance

Upon reaching senior-level status, students must fill out the graduation clearance form after completing all their degree requirements. The graduation clearance form should be signed by the following personnel: Departmental Coordinator, Dean of College, IT Director, Library Coordinator, Finance Director, Registrar Director, Career Center Director, Head of the Exit Interview Committee, President, and Chancellor. Failure to do so will delay graduation.

## Course Descriptions

### *Core Courses*

#### **NURS 200 A. Introduction to Nursing - 2cr.**

This course introduces students to the nursing profession and its essential concepts, including the history and scope of nursing, professional identity, ethical and legal principles, and the nursing process as a framework for care. Emphasis is placed on developing critical thinking, professional communication, and a person-centered approach to care. Students explore the values, roles, and responsibilities of nurses within diverse healthcare settings and begin building the foundational knowledge required for subsequent nursing courses. **Lecture: 2cr.**

#### **NURS 200 B. Introduction to Nursing - 2cr.**

A continuation of **NURS 200 A**, this course further develops students' understanding of professional nursing concepts while strengthening clinical reasoning and patient care skills. The course integrates classroom theory with laboratory/simulation and supervised clinical practice to reinforce evidence-based decision-making, patient safety, and teamwork. Students expand their proficiency in foundational nursing skills and apply them in simulation contexts, building confidence in providing compassionate, person-centered care. **Prerequisite: NURS 200A and BIOL 201. Lecture: 1 cr. Lab/Simulation: 1 cr.**

#### **NURS 201. Health Assessment - 3cr.**

This course develops the knowledge and skills necessary to perform holistic health assessments on adults. Students learn to conduct patient interviews to obtain comprehensive health histories and perform head-to-toe physical examinations, emphasizing the assessment of physical, psychosocial, and cultural dimensions of health. Lectures and laboratory sessions provide guided practice in examination techniques, including vital signs, heart and lung auscultation, abdominal and neurological assessments, using mannequins and peer practice. Emphasis is placed on recognizing normal findings, with introduction to common deviations. Students refine communication skills, professional documentation, and cultural sensitivity while systematically gathering patient data to establish a baseline for clinical decision-making. Clinical experiences allow students to apply theory in real-world settings, integrating evidence-based assessment methods, patient-centered care, and inter professional collaboration. **Prerequisite: NURS 200 A. Concurrent: NURS 200 B, HUPS 201. Lecture: 2cr. –Lab/Simulation: 1cr**

#### **NURS 202. Ethics & Professionalism in Nursing - 2cr.**

This course focuses on essential concepts of ethics and professionalism in nursing, covering patient respect, dignity, rights protection, and fostering mutual trust between patients and healthcare professionals. Students explore ethical theories, professional standards, legal issues, and ethical decision-making in clinical practice. Through case studies, discussions, and practical applications, they develop a strong foundation in ethical and professional behavior. Key topics include fundamental ethical principles like autonomy, beneficence, non-maleficence, and justice; the use of ethical decision-making frameworks to resolve complex dilemmas; and the analysis of legal and ethical issues such as patient confidentiality, informed consent, and end-of-life care. **Concurrent: NURS 200 A - Lecture: 2cr.**

**NURS 203. Nursing Care of Adults I Theory & Practicum - 5cr.**

This course introduces students to the care of adult patients with common acute and chronic medical-surgical conditions, organized by body systems (e.g., cardiovascular, respiratory, gastrointestinal). Building on prior knowledge of anatomy, physiology, and pathophysiology, students learn to conduct comprehensive assessments, develop nursing care plans, and implement evidence-based interventions, including medication administration, wound care, perioperative care, and management of conditions such as hypertension, diabetes, and respiratory infections. Emphasis is placed on applying the nursing process, interpreting patient data, prioritizing care, and integrating patient safety and quality improvement concepts, such as fall prevention and effective handoff communication. Laboratory, simulation, and clinical practicum experiences in adult medical-surgical units provide opportunities to practice fundamental nursing skills, manage care for 1–2 patients with straightforward conditions, refine time management, critical thinking, and inter professional collaboration, and deliver safe, person-centered care. The course also allows students to apply knowledge learnt in real-world clinical practice and establish a foundation for more complex patient care in subsequent medical-surgical courses. **Prerequisites: NURS 201, HUPS 201, and HUPS 203. Corequisite: PHRM 201. – Lecture: 2cr. – Lab/Simulation/PBL: 1cr. – Clinical: 2cr.**

**NURS 204. Nursing Care of the Expectant Family Theory & Practicum - 5cr.**

This course focuses on nursing care for the child-bearing family, including both maternal and newborn care. Students study normal pregnancy, labor, delivery, postpartum care, and common complications, as well as women's reproductive health, prenatal development, and family planning. Emphasis is placed on family-centered care, involving fathers/partners and other family members, patient education, and promoting safe, evidence-based maternal and neonatal practices. Students develop skills in assessing and supporting women during labor, assisting with childbirth, performing postpartum and newborn assessments, providing education on infant care and breastfeeding, and recognizing warning signs requiring escalation of care. Clinical experiences in maternity units—including labor and delivery, postpartum floors, and newborn nurseries—allow supervised application of theory, including participation in deliveries and management of routine and complex situations such as postpartum hemorrhage or neonatal complications. By conclusion of the course, students are prepared to deliver safe, compassionate, and evidence-based care to mothers, newborns, and families while integrating scientific principles, critical thinking, and the nursing process in maternal-child health. **Prerequisite: NURS 201, HUPS 201, and HUPS 203. Lecture: 2cr. – Lab/Simulation/PBL: 1cr – Clinical: 2cr.**

**NURS 205. Nursing Care of Adults II Theory & Practicum – 5cr**

This course continues the study of adult medical-surgical nursing, focusing on patients with complex and diverse health dysfunctions, including metabolic and endocrine, neurologic, eye, ear, nose, and throat, renal and urinary, integumentary, hepatic and biliary, rheumatic, and infectious conditions. Students build on prior knowledge from NURS 203 to perform comprehensive assessments, develop and implement evidence-based care plans, and apply the nursing process in both simulated and clinical settings. Lecture, laboratory, and clinical experiences provide opportunities to practice advanced nursing skills, refine critical thinking, clinical reasoning, and inter professional collaboration, and deliver safe, patient-centered care. Emphasis is placed on patient safety, quality improvement, and the integration of scientific principles, enabling students to manage care for patients with multiple or more complex conditions while preparing for further specialization in adult health nursing. **Prerequisites: NURS 203, HUPS 203, and PHRM 201. Lecture: 2cr. Lab/Simulation/PBL: 1cr — Clinical: 2cr.**

**NURS 206. Nursing care of Children Theory & Practicum - 5cr.**

This course focuses on nursing care of children from infancy through adolescence within the context of the family. Students study growth and development milestones, common pediatric illnesses and injuries (e.g., respiratory infections, congenital heart disease, childhood cancers), and nursing considerations unique to children, such as fluid balance, pediatric medication dosing, and developmentally appropriate interventions. Emphasis is placed on psychosocial needs, family dynamics, therapeutic communication with children at different developmental stages, and family-centered care. Clinical experiences in pediatric hospital units—including medical-surgical floors,

pediatric ICUs, and outpatient clinics—allow students to perform assessments, administer medications with safety protocols, provide comfort measures and play therapy, and educate families on home management of pediatric conditions. Students also apply the nursing process to deliver evidence-based care, acting as teacher, advocate, and nurturer, while integrating patient safety, immunization, and injury prevention principles. By the conclusion of the course, students are prepared to provide safe, age-appropriate, family-inclusive nursing care for pediatric patients across the lifespan. **Prerequisite: NURS 204, HUPS 203, and PHRM 201 and PSYC 202. Lecture: 2cr. Lab/Simulation/PBL: 1cr — Clinical: 2 cr.**

### **NURS 208. Nursing Care of the Elderly Theory & Practicum - 3cr.**

A specialized course focusing on the care of older adults across settings. It covers the physiological and psychosocial changes of aging, common geriatric syndromes (falls, dementia, delirium, incontinence, polypharmacy, end-of-life care), and health promotion for older adults. Students learn about managing chronic illnesses prevalent in the elderly (such as arthritis, Alzheimer's disease, chronic heart failure) and supporting functional abilities and quality of life. The course also addresses palliative care and principles of hospice for terminal conditions. Clinical practice will occur in rehabilitation centers, long-term care facilities, or community settings, where students work with interdisciplinary teams to care for older adults with both acute and chronic needs. They practice comprehensive geriatric assessment, medication reconciliation for polypharmacy, fall risk assessments, and patient/caregiver education. Communication skills are honed for patients with cognitive impairment or hearing/vision limitations. By course completion, students are prepared to advocate for and provide safe, respectful care to elderly patients, with attention to their unique needs and dignity. **Prerequisites: NURS 205 – Lecture: 2cr. — Clinical: 1cr.**

### **NURS 209. Informatics for Health Professionals -2cr.**

This course introduces students to the principles and applications of health informatics in professional practice. It begins with an overview of the history and evolution of healthcare informatics, followed by an exploration of foundational concepts such as data, information, and knowledge management. Students examine the role of informatics in supporting clinical practice, healthcare administration, education, and research, with emphasis on the use of electronic health records, decision-support systems, and emerging digital health technologies. The course integrates discussions on ethical, legal, and regulatory issues in health information management. Students will also gain practical exposure through guided experiences with selected informatics applications relevant to healthcare professionals. **Prerequisites: NURS 200 A, CMPS 202. Lecture: 2 cr.**

### **NURS 210. Critical Care Nursing Theory & Practicum - 4cr.**

This course prepares students to care for critically ill adults with complex, high-acuity conditions in intensive care, cardiac care, and emergency settings. Emphasis is placed on diagnostic reasoning, advanced interventions, hemodynamic monitoring, mechanical ventilation, critical care pharmacology, and outcome evaluation in patients with cardiovascular, respiratory, renal, metabolic, traumatic, or multi-system complications. Students apply concepts learned in the classroom through supervised clinical rotations in critical care areas in the hospital and simulation-based training, performing assessments, monitoring, and interventions such as IV management, ventilator care, neurological checks, and emergency response protocols. Ethical considerations, end-of-life decision-making, and inter professional collaboration are integrated throughout. By the end of the course, students are equipped to recognize and respond to acute clinical deteriorations, practice safe, evidence-based care, and function effectively as members of the critical care. **Prerequisites: NURS 205 and NURS 291. Lecture: 2cr. — Clinical: 2cr.**

### **NURS 211. Research Methodology in Nursing - 3cr.**

This course offers foundational training in research methodologies and effective presentation techniques, guiding students in identifying relevant health issues, data analysis, ethical research conduct, and dissemination strategies. The importance of community engagement and community-based participatory research will be emphasized. Students will learn how to form research questions and be introduced to both quantitative and qualitative research methods. The course also guides

students in developing ethical review board proposals, research project proposals, and grant proposals. Additionally, students will critically evaluate research and learn about manuscript submission and dissemination. **Prerequisite: NURS 200 A, NURS 200 B and STAT 204; Lecture: 3cr.**

**NURS 212. Psychiatric Nursing Theory & Practicum- 5cr.**

This course introduces students to mental health and psychiatric nursing across the lifespan, focusing on major psychiatric disorders such as depression, anxiety, schizophrenia, bipolar disorder, and substance use disorders, including their clinical presentation and evidence-based interventions. Students develop therapeutic communication skills, psychosocial interventions, and strategies for stigma reduction, while learning legal and ethical principles, including patient rights, confidentiality, and involuntary commitment. Clinical and simulation experiences in psychiatric units and mental health clinics enable students to conduct mental status examinations, participate in group therapy, practice de-escalation techniques, and collaborate with interdisciplinary teams including psychiatrists, psychologists, and social workers. Simulation with standardized patients is used, reinforcing skills such as psychiatric interviewing and suicide risk assessment. By the end of the course, students are prepared to provide safe, compassionate, and evidence-based mental health care and integrate psychiatric nursing principles into holistic patient care. **Prerequisite: NURS 201, SOCL 210 and PSYC 201. Lecture: 3cr. — Clinical: 2cr.**

**NURS 213. Community Health Nursing Theory & Practicum– 5cr.**

A course that prepares students to care for populations and communities, extending nursing practice beyond the hospital. It covers public health nursing concepts, epidemiology, community assessment, and health promotion strategies. Students learn to identify community health needs by assessing factors like environment, sanitation, nutrition, and access to care. They also study communicable disease control, school nursing, occupational health, and disaster nursing. A significant portion focuses on addressing health disparities and planning interventions for vulnerable populations. Clinical hours are spent in community settings. Students will conduct home visits to families, assist with health education campaigns, organize a screening event (like blood pressure or diabetes screenings in a community center), or participate in a vaccination drive. They also work with community leaders and other professionals, which helps develop collaboration skills in a non-hospital context. A community project is often a capstone of this course, where students, in groups, design and implement a small intervention (for instance, teaching sessions on hygiene in a refugee camp or developing an emergency preparedness plan for a local community). By course completion, students understand how to apply the nursing process on a broader scale – improving health outcomes for groups and populations, not just individual patients. **Prerequisites: NURS 205, NURS 206, NURS 211 and SOC 210; Lecture: 3cr. – Clinical: 2cr.**

**NURS 214. Leadership & Management in Nursing Theory & Practicum - 5cr.**

This senior-level course prepares students for leadership, management, and the transition to professional nursing practice. Students explore leadership theories, nursing team management, delegation, conflict resolution, staffing and scheduling, quality improvement, and the influence of healthcare policy and economics on practice. The course emphasizes the nurse's role in unit operations, organizational change, and acting as a care coordinator and change agent. Students engage in project-based and practicum experience, identifying clinical issues and proposing quality improvement or leadership initiatives. Observational opportunities include shadowing nurse managers or charge nurses, attending management meetings, and participating in resource allocation and interdisciplinary collaboration.

By the end of the course, students develop essential leadership competencies, critical thinking, and practical skills required to function effectively as beginning practitioners and emerging nursing leaders. **Prerequisite: NURS 206, NURS 208, NURS 210 and NURS 211. Lecture: 3cr. – Clinical: 2cr.**

**NURS 215. Nursing Law (Legislation & Nursing) - 1cr.**

A seminar-style course covering the legal and ethical framework of nursing practice. Students are introduced to the Lebanese healthcare laws and regulations governing nursing, including the Nurse Practice Act, licensure requirements, scope of practice, and standards of care. They also discuss international nursing standards and comparisons. Ethical theories and principles (autonomy, beneficence, justice, etc.) are revisited and applied to case studies involving dilemmas such as end-of-life decision-making, informed consent, patient privacy (HIPAA or local privacy laws), and allocation of scarce resources. The course will include guest lectures by legal experts or ethicists. Engaging in debate and case analysis will allow students to sharpen their ethical reasoning and learn to navigate complex situations they will face in practice. Upon completion, students will understand their legal responsibilities as new nurses and be prepared to uphold professional ethics, advocate for patients' rights, and engage in ethical decision-making in their daily work. **Prerequisite: NURS 200A; Lecture: 1cr.**

**BIOC 201. Biochemistry for Health Professionals- 3 cr.**

An introduction to biochemical principles relevant to health sciences. Topics include the structure and function of proteins, carbohydrates, lipids, and nucleic acids; basics of metabolism; and the biochemical basis of nutrition and disease. The course connects biochemistry concepts to nursing by explaining how cellular processes impact human health (for example, enzymes in metabolism or acid-base balance in blood chemistry). Focusing on applied biochemistry (rather than lab research) ensures that students grasp key concepts needed for pharmacology, nutrition, and physiology in nursing practice. **Lecture: 2cr. – Lab: 1cr.**

**HUPS 201. Anatomy & Physiology- 5cr.**

A comprehensive course covering the structure and function of the human body. It integrates anatomy and physiology, organized by organ systems (e.g. musculoskeletal, cardiovascular, respiratory, etc.). In lectures, students learn key anatomical structures and physiological processes; in lab sessions, they reinforce this knowledge through models, specimens, or virtual dissection and physiologic experiments. Understanding normal body structure and function prepares students to recognize abnormalities and is essential for safe practice in all clinical nursing courses. **Lecture: 3cr. – Lab: 2cr.**

**HUPS 202- Microbiology & Immunology- 3cr.**

An introduction to microbiology with emphasis on infectious organisms and the human immune response. Topics include classification and characteristics of bacteria, viruses, fungi, and parasites; principles of infection transmission; and the basics of immunology (innate and adaptive immunity). The course highlights pathogens and infections significant in healthcare (e.g. hospital-acquired infections, immunizations, and aseptic practices). Lab sessions teach students techniques such as microscope use, bacterial staining, and culture, reinforcing concepts like bacterial growth and antibiotic effects. The knowledge from this course directly supports nursing practices in infection control and understanding disease processes. **Prerequisite: BIOL 201. Lecture: 2cr. – Lab: 1cr.**

**HUPS 203. Pathophysiology – 3cr.**

A study of altered physiological processes and their effects on the human body. Building on knowledge from Anatomy & Physiology, this course examines how and why diseases develop and how they affect bodily functions. Major pathophysiological concepts are covered for each body system (e.g. inflammation, oncogenesis, hemodynamic disorders, endocrine imbalances). Students learn to connect clinical signs and symptoms with underlying pathology. This course provides a critical foundation for medical-surgical nursing, enabling students to understand the “why” behind patient conditions and to anticipate clinical manifestations and complications. **Prerequisites: HUPS 201 and HUPS 202; Lecture: 3cr.**

**PHRM 201. Pharmacology & Therapeutics – 2cr.**

An in-depth study of pharmacological principles and medication therapy across the lifespan. The course reviews major drug classes, prototypes, and their mechanisms of action, therapeutic uses, side effects, and nursing implications. Topics are often organized by body systems or disease processes (e.g. cardiovascular drugs, antibiotics, analgesics, etc.). Students learn dosage calculation, safe medication administration

practices, and how to monitor for and manage adverse drug reactions. Special considerations, such as pharmacotherapy for pediatric and geriatric patients and polypharmacy issues, are discussed. Throughout the course, case studies link pharmacological knowledge to patient scenarios—preparing students to integrate medication management into clinical nursing care. By completion, students should be prepared to safely administer medications in clinical settings and to educate patients about their medications. **Prerequisite: HUPS 201; Lecture: 2cr.**

#### **STAT 204. Essentials in Epidemiology and Biostatistics**

This workshop offers a comprehensive introduction to biostatistics and epidemiology, essential components of public health science. In biostatistics, students will learn to collect, manage, and analyze data, applying biostatistical methods like hypothesis testing and regression, supported by hands-on computer lab sessions. The epidemiology segment focuses on understanding the distribution and determinants of health-related states in populations. Students will learn about epidemiologic study designs, methods, and their applications in public health research, including the planning, interpretation, and effective communication of research findings. **Prerequisites: CMPS 202; Lecture: 2cr. – Lab:1cr.**

#### **PSYC 202. Development across the Lifespan- 3cr**

A chronological study of typical and atypical cognitive, linguistic, emotional, and physical development from the prenatal period through adolescence. A course on psychological development from the prenatal period to late adulthood. **Prerequisite: PSYC 201; Lecture: 3cr.**

#### **IPEC 200. Interprofessional Education and Collaboration- 1cr.**

This course introduces students to the principles and practices of interprofessional education, emphasizing teamwork, communication, and collaboration in health and social care. With participation from Public Health and Speech Therapy students, the course explores professional roles, shared values, and strategies for delivering coordinated, person-centered care. Through case-based discussions, role-play, and small group projects, students develop skills in collaborative problem-solving, conflict resolution, and ethical decision-making. By engaging in joint learning activities, students gain an appreciation of how interprofessional teamwork improves health outcomes, enhances patient and family experience, and strengthens community-based interventions. **Prerequisite: NURS 206, NURS 208, NURS 210 and NURS 211. Lecture: 1cr.**

### ***Practicum Courses***

#### **NURS 290. Practicum I-0cr.**

This introductory practicum, offered in the summer of the first year, places students in a general inpatient ward and are required to complete a minimum of 84 clinical hours where they function under the supervision and delegation of a practical nurse (PN). Students practice fundamental nursing skills, including hygiene, comfort measures, and basic procedures, while assisting in the care of patients and families. Emphasis is on developing competence in essential nursing techniques, teamwork, professionalism, and therapeutic communication as a foundation for future clinical practice. **Prerequisite: NURS 201, BCOM 300.**

#### **NURS 291. Intensive Practicum II - 0cr.**

This advanced practicum, offered in the summer following the sophomore/junior years, provides students with opportunities to integrate and apply nursing knowledge and skills acquired in prior coursework. Students are placed in diverse healthcare agencies and are required to complete a minimum of 84 clinical hours. Functioning in an assistant role under the delegation and supervision of a registered nurse (RN), students deliver nursing care at the advanced beginner level. Emphasis is placed on applying critical thinking, refining clinical judgment, strengthening communication and teamwork skills, and demonstrating professional accountability in real-world care settings. **Prerequisite: NURS 204, NURS 205, NURS 206, Concurrent: NURS 208.**

**NURS 292. Intensive Practicum III-0cr.**

This capstone course facilitates students' transition from student to professional nurse, providing opportunities to synthesize knowledge, refine clinical judgment, and strengthen technical and relational skills acquired throughout the program. Students assume increasing responsibility in planning, delivery, and evaluation of holistic, evidence-based nursing care while collaborating with interprofessional teams. Clinical placements are designed to match students' areas of interest, such as medical-surgical, pediatrics, maternity or critical care, and emphasize time management, prioritization, communication, and leadership in real-world practice settings and are required to complete a minimum of 120 clinical hours. A concurrent seminar supports reflection, integration of theory and practice, and preparation for licensure and entry into the workforce. By the end of this course, students demonstrate readiness for a safe, independent professional nursing practice and competence in the essential roles of caregiver, communicator, advocate, and team member. **Prerequisite: NURS 291, NURS 210 and NURS 211.**

**BCOM 300. Workplace Etiquette**

This is a mandatory workshop that all students should successfully complete prior to their internships. The course comprises a series of workshops that focus on workplace etiquette and communication in formal and professional settings. In this course, students develop their business etiquette and professional practice skills in addition to their presentation skills so that they are well-equipped for their internships. **Prerequisite: ENGL 201.**

***General Education Courses*****ENGL 201. English I - 3 cr.**

This course focuses on improving students' reading and comprehension skills and guides them through the process of writing short essays of various types such as classification, argumentation, and critique. Students are also expected to develop their listening and speaking skills, as well as grammar and vocabulary, through a variety of course requirements such as class presentations and debates. **Prerequisite: Sophomore Standing- Lecture: 3cr.**

**ENGL 202. English II - 3 cr.**

This course focuses on enabling students to use a variety of strategies to read academic and non-academic texts to build vocabulary in context. Readings from a wide range of topics will challenge students to practice and develop their language skills through discussions and written responses. Students will practice their critical thinking skills as they analyze and evaluate the readings and express their own ideas. Students enhance their research skills through collecting and analyzing information from various sources available in the library and on the Internet and write short essays based on their critical reading of selected articles. The course requires oral presentations in class and a number of writing assignments. **Prerequisite: ENGL 201- Lecture: 3cr.**

**ARAB 201. Arabic - 3 cr.**

This course focuses on improving students' writing skills pertinent to academic work such as writing an argumentative essay and a research report. Students read selected classical and contemporary literature, lead class discussions, give oral presentations and prepare a short research paper on a current topic. **Lecture: 3cr.**

**BIOL 201. General Biology - 3 cr.**

This course introduces students to the fundamental principles of biology with a special focus on the human body. The course starts with the study of cell structure, function, and basic genetics, to build a solid foundation for understanding how the body is organized and how it functions. The course then provides an overview of major human organ systems, highlighting how they interact to maintain homeostasis. The laboratory component integrated into the course focuses on hands-on learning with human anatomy models and histological slides, giving students practical experience in identifying organs, tissues, and skeletal structures.

**SOCL 210. Globalization & World Cultures - 3 cr.**

This course focuses on the practical and theoretical issues arising from globalization and cross-cultural encounters around the world. Students will acquire a strong grounding in global affairs and an understanding of the complex phenomenon of globalization. It will also help students anticipate the social, economic and political changes brought about by globalization and the resistance to it, along with the critical knowledge and skills that will set them apart in this new world and help them succeed in an increasingly globalized context. **Concurrent Prerequisite: ENGL 202; Lecture: 3cr.**

**CIVL 201. World Civilizations I - 3 cr.**

This course examines the main social, economic and political features of Classical, Medieval, Islamic, and Renaissance Civilizations beginning with the Mesopotamian civilization era circa 3500 B.C. The course emphasizes the achievements of great civilizations in sciences and arts. Students are required to read, discuss and reflect on selected texts. **Concurrent Prerequisite: ENGL 201; Lecture: 3cr.**

**CIVL 202. World Civilizations II - 3 cr.**

The course examines the major changes in global cultures and civilizations from the seventeenth century onward. In this course, students explore the rise of modernity and enlightenment, as well as the major cultural and intellectual features of the nineteenth and twentieth centuries. Topics covered include the philosophies and literary trends of enlightenment, scientific advancement, radical critique, the rise of psychology, colonialism and post-colonialism, and the culture of liberation. **Prerequisite: CIVL 201; Lecture: 3cr.**

**PSYC 201. Introduction to Psychology- 3cr.**

This course provides students with a broad overview of the scientific study of human thought, behavior, and emotion. It introduces major psychological perspectives and the biological, cognitive, and social foundations of behavior. Core topics include sensation and perception, learning and memory, motivation, personality, psychological disorders, and social interactions. Emphasis is placed on understanding research methods, ethical principles, and the application of psychological knowledge to everyday life and professional practice. **Concurrent: ENGL 201; Lecture: 3cr.**

**CMPS 202. Introduction to Computing for Arts - 3 cr.**

This course offers a broad introduction to the field of computer science, intended for arts students only. Topics include history of computing, social issues in computing, the Internet and the World Wide Web, and social media. Students also learn common applications such as word processing, spreadsheets, and database systems. **Lecture: 3cr.**

**COMM 214. Interpersonal Communication - 3cr.**

This course is an overview of interpersonal communication, which is the exchange of symbols used to achieve self-presentation, relational and instrumental goals. The course includes the study and practice of the basic elements of interpersonal communication with emphasis on perception, meanings, attention, listening, feedback and communication barriers. Particular attention is given to improving interpersonal communication skills. **Concurrent Prerequisite: ENGL 201.**

## Degree Plan

(1) Nursing Courses	
Core Nursing Courses	80 credits
Mandatory Intensive Practicum	0 credits
<b>Total Nursing Courses</b>	<b>80 credits</b>
(2) General Education Courses	
Civilization	6 credits
English	6 credits
Communication	3 credits
Arabic	3 credits
Basic Sciences	3 credits
Social Sciences	3 credits
Globalization & World Cultures	3 credits
Computing	3 credits
<b>Total GE courses</b>	<b>30 credits</b>
<b>Total</b>	<b>110 credits</b>

## Suggested Nursing Degree Plan

First Year					
Fall 1			Spring 1		
Course	Title	Wt.	Course	Title	Wt.
BIOL 201	General Biology	3	HUPS 201	Anatomy & Physiology	5
ENGL 201	English I	3	NURS 200 B	Introduction to Nursing	2
PSYC 201	Introduction to Psychology	3	NURS 201	Health Assessment	3
BIOC 201	Biochemistry for Health Professionals	3	HUPS 202	Microbiology and Immunology	3
NURS 200 A	Introduction to Nursing	2	COMM 214	Interpersonal Communication	3
CMPS 202	Introduction to Computing	3	BCOM 300	Workplace Etiquette (Mandatory Workshop)	0
<b>Total Credits</b>		<b>17</b>	<b>Total Credits</b>		<b>16</b>

Summer 1		
Course	Title	Wt.
HUPS 203	Pathophysiology	3
ENGL 202	English II	3
NURS 290	Intensive Practicum I	0
<b>Total Credits</b>		<b>6</b>

Second Year					
Fall 2			Spring 2		
Course	Title	Wt.	Course	Title	Wt.
NURS 203	Nursing Care of Adults I Theory & Practicum	5	NURS 205	Nursing Care of Adults II Theory & Practicum	5
NURS 204	Nursing Care of the Expectant Family Theory & Practicum	5	NURS 206	Nursing Care of Children Theory & Practicum	5
PHRM 201	Pharmacology & Therapeutics	2	CIVL 201	World Civilizations I	3
ARAB 201	Arabic	3	STAT 204	Essentials in Epidemiology and Biostatistics	3
PSYC 202	Development across the Lifespan	3	NURS 209	Informatics for Healthcare Professionals	2
<b>Total Credits</b>		<b>18</b>	<b>Total Credits</b>		<b>18</b>

Summer 2		
Course	Title	Wt.
NURS 208	Nursing Care of the Elderly Theory & Practicum	3
SOCL 210	Globalization & World Cultures	3
NURS 291	Intensive Practicum II	0
<b>Total Credits</b>		<b>6</b>

Third Year					
Fall 3			Spring 3		
Course	Title	Wt.	Course	Title	Wt.
NURS 210	Critical Care Nursing Theory & Practicum	4	NURS 213	Community Health Nursing Theory & Practicum	5
NURS 212	Psychiatric Nursing Theory & Practicum	5	NURS 214	Leadership & Management in Nursing Theory & Practicum	5
IPEC 200	Interprofessional Education & Collaboration	1	NURS 215	Nursing Law (Legislation & Nursing)	1
NURS 211	Research Methodology in Nursing	3	NURS 202	Ethics & Professionalism in Nursing	2
CIVL 202	World Civilizations II	3	NURS 292	Intensive Practicum III	0
<b>Total Credits</b>		<b>16</b>	<b>Total Credits</b>		<b>13</b>



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