



EMERGENCY PREPAREDNESS

Ready Before It Happens

A Lesson in Emergency Management



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Why Emergency Preparedness Matters

Emergencies rarely give a warning — the difference between chaos and calm often comes down to preparation.



Protects Your Family

A plan and a few basic supplies can make a real difference in how safely a household gets through an emergency.



Reduces Panic

Knowing what to do ahead of time helps people think clearly instead of freezing under stress.



Speeds Recovery

Households and communities that are prepared tend to bounce back from emergencies faster.

3 What Is Emergency Preparedness?

“Emergency preparedness is the ongoing process of planning, training, and gathering supplies so people can respond effectively when something goes wrong.”

— A working definition used by emergency management professionals

- It applies to everyday emergencies, not just large-scale disasters.
- Good preparedness covers people, plans, and physical supplies.
- It's a habit to maintain, not a one-time task to check off.



Plan, Practice, Pack

A simple plan, a little practice, and a packed kit go a long way toward keeping a household safe.

4 Types of Emergencies



Medical Emergencies

Sudden injuries or health crises that need immediate care.



House Fires

Fast-moving fires that can spread through a home in minutes.



Severe Weather

Storms, extreme heat, or winter weather that disrupts daily life.



Power Outages

Loss of electricity that can affect heat, food storage, and safety.



Home Injuries & Hazards

Falls, gas leaks, or other hazards inside the home itself.



Community-Wide Emergencies

Larger events like disasters that affect an entire area at once.

5 Building a Preparedness Plan

Preparedness follows a simple, repeatable cycle rather than a single one-time task.



1. Assess Risks

Identify which emergencies are most likely where you live.



2. Make a Plan

Decide in advance what everyone should do and where to go.



3. Build a Kit

Gather supplies you'd need for at least a few days on your own.



4. Practice & Review

Run through the plan and update it as things change.

6 Examples by Emergency Type



Medical Emergency Example

A family member suddenly collapses at home, and someone needs to call for help and start basic first aid right away.



House Fire Example

A kitchen fire spreads quickly, and the household must evacuate immediately using a planned exit route.



Severe Weather Example

A winter storm knocks out roads and power for days, leaving a household to rely on its own supplies.



Power Outage Example

The electricity goes out overnight, and a family needs flashlights, food that doesn't need refrigeration, and a way to stay warm.

7 What Belongs in an Emergency Kit



Water & Food

Enough non-perishable food and water for several days.



First Aid Supplies

Bandages, antiseptic, and basic tools for treating minor injuries.



Flashlight & Batteries

A reliable light source that doesn't depend on the power grid.



Important Documents

Copies of IDs, insurance papers, and emergency contacts.



Medications

A few days' supply of any medication household members rely on.



Cash & Chargers

Small bills and a way to keep phones charged if power is out.



PART TWO

Responding in the Moment

Turning preparation into calm, confident action when it counts.

9 What to Do Before an Emergency



Learn Basic First Aid

Simple skills like CPR or how to stop bleeding can save a life.



Post Emergency Numbers

Keep local emergency numbers somewhere everyone in the house can find them.



Practice Evacuation Drills

Walk through your exit routes so they become second nature.

10 What to Do During an Emergency



Stay Calm & Assess

Take a breath and quickly check what's actually happening before reacting.



Call for Help

Contact emergency services right away if there's any danger to life or property.



Follow Your Plan

Fall back on what you already practiced instead of improvising under stress.

11 Home vs. Community Preparedness



Home Preparedness

- A household plan, kit, and practiced routines for its own members.
- Covers things like exit routes, meeting points, and supplies.
- Something every family can build on their own, starting today.



Community Preparedness

- Shared plans, shelters, and alert systems that serve a whole area.
- Coordinated by local government and emergency management agencies.
- Works best when individual households are also prepared to help themselves.

12 Emergency Preparedness Facts

1 Gallon

of water per person, per day, is a common supply guideline

2 Ways Out

knowing two exit routes from every room is a core safety habit

Every 6 Months

a typical reminder interval to check kits and test smoke alarms

3 Ways

having several ways to reach family members helps when networks are down

These are general guidelines commonly used in emergency preparedness education — always follow guidance from your local emergency management agency.

13 What Can You Do?



Make a Plan Today

Sit down with your household and decide what to do for common emergencies.



Build a Kit

Start small — even a partial kit is better than none at all.



Practice With Your Family

Walk through your plan together so everyone knows their role.



Prepared Today, Safer Tomorrow

*A few small steps taken now can make all the difference
when an emergency actually happens.*

Thank You